

# How To Create And Download A Backup Of Your Emails

This article will show you how to create a backup of your emails by downloading them to your local machine. We strongly encourage our customers to always have a recent backup of their email.

We recommend using POP settings to download your emails to an email program of your choice.

Below are guides for the most common email programs:

If you are using Apple Mail, please click here:

<https://www.uk2.net/knowledgebase/display/UK2/How+To+Set+Up+Email+In+Apple+Mail>

If you are using Thunderbird, please click here:

<https://www.uk2.net/knowledgebase/display/UK2/How+To+Set+up+an+email+account+within++Mozilla+Thunderbird>

If you are using Microsoft Outlook, please click here:

<https://www.uk2.net/knowledgebase/display/UK2/How+To+Setup+POP+Email+Accounts+In+Outlook>

If you are using Microsoft Outlook 2003, please click here:

<https://www.uk2.net/knowledgebase/display/UK2/How+To+Set+Up+POP+Email+Accounts+In+Outlook+2003>

If you are using Microsoft Outlook 2016, please click here:

<https://www.uk2.net/knowledgebase/display/UK2/How+To+Set+Up+an+Email+Account+In+Outlook+2016>

If you are using Windows Live Mail, please click here:

<https://www.uk2.net/knowledgebase/display/UK2/How+To+Set+Up+Your+Email+In+Windows+Live+Mail>

If you are using Windows 10 Mail, please click here:

<https://www.uk2.net/knowledgebase/display/UK2/How+To+Setup+Your+Email+In+Windows+10+Mail>

If you're using an Email program which is not listed above please use the following settings on your chosen program:

## **Without SSL**

Protocol: POP3 with no SSL

POP3 (incoming mail server): [mail.uk2.net](mailto:mail.uk2.net)

SMTP (outgoing mail server): [mail.uk2.net](mailto:mail.uk2.net)

Username: [you@yourdomain.com](mailto:you@yourdomain.com)

Password: Your Password (Can be reset in Dashboard or CHI)

Incoming Port: 110

Outgoing Port: 25 (not recommended), 587, 8025

Outgoing Server Requires Authentication

SSL: Disabled

Secure Password Authentication: No

## **With SSL enabled**

Protocol: POP3 with SSL

POP3 (incoming mail server): [mail.uk2.net](mailto:mail.uk2.net)

SMTP (outgoing mail server): [mail.uk2.net](mailto:mail.uk2.net)

Username: [you@yourdomain.com](mailto:you@yourdomain.com)

Password: Your Password (Can be reset in Dashboard or CHI)

Incoming Port: 995

Outgoing Port: 465

Outgoing Server Requires Authentication

SSL: Enabled

Secure Password Authentication: No

After you have completed the POP set-up, your emails will be downloaded from our servers which can be saved locally on your device. Be aware this process will delete the emails from our server.